

HEND OSAMA

Teaching Assistant – Textile Design & Weaving – BANHA University| Egypt

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PROFILE

Motivated Textile Design Teaching Assistant passionate about using creativity, innovation, and technology to support community wellbeing and social development. My academic background in textile design and my early practical experience in family business environments have strengthened my interest in applying design thinking and innovative solutions to improve quality of life and promote mental wellbeing. I am particularly interested in how creative practices, collaborative environments, and technology-driven initiatives can positively impact mental health and community resilience.

EDUCATION

- Master's Degree (In Progress) – Textile Design / Weaving, Faculty of Applied Arts, Benha University – Egypt. Research focus on 3D upholstery fabrics inspired by Islamic design.
- Bachelor of Applied Arts – Textile Design, Faculty of Applied Arts, Benha University – Egypt. Graduation project focused on upholstery textile design and structural innovation.

PROFESSIONAL EXPERIENCE

- Teaching Assistant – Textile Department, Faculty of Applied Arts, Benha University (Year – Present). Assisting in teaching textile design and weaving structures, supporting students' projects, and contributing to academic research and workshops.
- Family Business Experience (Early Practical Training), Family Manufacturing & Business Operations – Egypt (Since Primary School – Present). Assisted in daily business activities, supported operational workflows, and gained early exposure to management, teamwork, and problem-solving in real work environments.

SKILLS

- Textile Design & Weaving Structures
- Fabric Analysis & Material Knowledge
- Research & Academic Writing
- Project Coordination & Teamwork
- Problem Solving & Design Thinking
- Microsoft Office & Excel Analysis

COMMUNITY & SOCIAL IMPACT INTERESTS

- Interested in promoting mental health and wellbeing through creative and educational environments.

- Exploring how design and collaborative activities can reduce stress and enhance psychological wellbeing.
- Passionate about using innovation and technology as tools for positive social change.
- Interested in developing community-based initiatives that combine creativity, education, and social impact.

VOLUNTEERING & COMMUNITY ENGAGEMENT

- Supporting peer learning and student mentoring within academic environments.
- Interested in initiatives that enhance youth wellbeing and emotional support through creativity and teamwork.
- Motivated to participate in international volunteer programs focusing on mental health awareness and technology-driven social solutions.

LANGUAGES

- Arabic: Native
- English: Upper-Intermediate (IELTS preparation)